

EDUCATION

Northwestern University | Evanston, IL

Ph.D. Personality, Development, & Health Psychology

03/18 (expected)

Certificates in Quantitative Statistics and Society, Biology, & Health

Fellowship in the Institute for Innovations in Developmental Sciences and Society, Biology, & Health

Advisor Dan McAdams, Ph.D.

Dissertation *Being Generative: The Motivations Behind the Generative Individual and their Associations with Well-Being in Midlife Adulthood*

Committee Dan McAdams, Ph.D., Dan Mroczek, Ph.D., Greg Miller, Ph.D., Onnie Rogers, Ph.D.

M.Sc. Personality, Development, & Health Psychology

06/16

Thesis *Personality Traits, Ego Development, and the Redemptive Self*

Committee Dan McAdams, Ph.D., Dan Mroczek, Ph.D.

GPA 3.89/4.00

GRE 160Q, 162V, 5.0W

Washington University in St. Louis | St. Louis, MO

B.A. in Psychology; Minor in Women, Gender, & Sexuality Studies

05/12

Dean's List

Advisor Randy Larson, Ph.D.

GPA 3.41/4.00

SAT 780Q, 630V, 630W

SKILLS & INTERESTS

PROGRAMS & SOFTWARES

- R, R Markdown
- SPSS
- JMP
- Tableau
- Adobe Creative Suite
- L^AT_EX

FOREIGN LANGUAGES

- Mandarin Chinese (native)
- French (conversational)

INTERESTS

- Service for Sight, Delta Gamma
- Fundraising, Sarah's Circle
- Senior figure skater, Skate Canada
- Exhibited artist, B-M Gallery
- Amateur dancer, salsa and bachata

PUBLICATIONS & PRESENTATIONS

PUBLICATIONS

1. **Guo, J.** & McAdams, D. P. (in prep). *It pays to be generative: Generating well-being across late-midlife adulthood.*
2. **Guo, J.** & McAdams, D.P. (in prep). *The motivations behind the generative individual: Agency and communion in the life stories of midlife adults.*
3. Murphy, M. & **Guo, J.** (in prep). *Our stories, our health: Narrative identity and its role in well-being.*
4. **Guo, J.**, Weston, S., & Condon, D. (under review). *The collection of narratives: An inquiry into methodology.*
5. Harris, M. A., Donnellan, M. B., **Guo, J.**, McAdams, D. P., Garnier-Villareal, M., & Trzesniewski, K. H. (2017). Parental co-construction of 5-13-year-olds' global self-esteem through reminiscing about past events. *Child Development*, 88(6), 1810-1822.
6. McAdams, D.P. & **Guo, J.** (2017). Personality Across Cultures. In A. T. Church (Ed.), *The Cultural Shaping of Life Stories*. Praeger.
7. **Guo, J.**, Kelvans, M., & McAdams, D. P. (2016). Personality Traits, Ego Development, and the Redemptive Self. *Personality and Social Psychology Bulletin*, 42(11), 1551-1563.
8. Dunlop, W. L., **Guo, J.**, & McAdams, D. P. (2016). The autobiographical author through time: Examining the degree of stability and change in redemptive and contaminated personal narratives. *Social Psychological and Personality Science*, 7(5), 428-436.
9. Robinson, O. C., Nofle, E. E., **Guo, J.**, Asadi, S., & Zhang, X. (2015). Goals and plans for Big Five personality trait change in young adults. *Journal of Research in Personality*, 59, 31-43.

10. McAdams, D. P. & **Guo, J.** (2015). Narrating the Generative Life. *Psychological Science*, 26(4), 475-483.
11. McAdams, D. P. & **Guo, J.** (2014). How shall I live? Constructing a life story in the college years. In C. Hanson (Ed.), *In search of self: Exploring undergraduate identity development*. San Francisco, CA: Jossey-Bass.

INVITED PRESENTATIONS (* = SYMPOSIUM TALKS; §= SYMPOSIUM CHAIR)

1. *§**Guo, J.**, (2018, March). *The collection of narratives: An inquiry into methodology*. Annual Meeting of the Society for Personality and Social Psychology, Atlanta, GA.
2. ***Guo, J.**, (2018, March). *Life narratives: The language of narrative identity*. Society for Personality and Social Psychology Preconference on the Psychology of Language, Atlanta, GA.
3. ***Guo, J.** (2017, August). *Longitudinal assessments of active and volitional pursuits toward personality change: Goals and plans for Big Five personality trait change in young adults*. 125th Annual Convention for the American Psychological Association, Washington, D.C.
4. ***Guo, J.** (2017, June). *Narratives in interpersonal contexts: Generativity and the narrative themes associated with social well-being in late midlife adulthood*. Association for Research in Personality, Sacramento, CA.
5. **Guo, J.** (2016, May). *Generativity, redemptive life stories, and Well-being in late midlife*. Annual Meeting of the Society for Personality and Social Psychology, San Antonio, TX.
6. **Guo, J.** (2016, May). *Generativity and redemptive life stories in late midlife*. Annual Meeting of the Association of Psychological Science, Chicago, IL.
7. Robinson, O. C., Nofhle, E., **Guo, J.**, Asadi, S., & Zhang, Z. (2015, October). *Goals and plans for Big Five personality trait change in young adults*. Annual Meeting of the Society for the Study of Emerging Adulthood, Miami, FL.
8. ***Guo, J.** (2015, September). *Not all narratives are equal: Narrative identity and health*. Ready Set Go's Seven Minutes of Science Symposium, Chicago, IL.
9. **Guo, J.**, Weston, S., & Condon, D. (2015, June). *The collection of narratives: An inquiry into methodology*. Biennial Meeting of the Association for Research in Personality, St. Louis, MO.
10. ***Guo, J.**, & McAdams, D.P. (2015, May). *The personality behind the redemptive self*. Annual Meeting of the Midwestern Psychology Association, Chicago, IL.
11. **Guo, J.** & McAdams, D.P. (2015, February). *Personality dispositions and redemptive life stories*. Annual Meeting of the Society for Personality and Social Psychology, Long Beach, CA.

CURRENT & COMPLETED RESEARCH PROJECTS

Northwestern University | Evanston, IL

Principle Investigator – Inquiry into Life Narrative Collection Methodologies 12/13 – Present
Guo, Weston, & Condon (under review)

- Explore the similarities and differences between narrative accounts collected from participants online via the SAPA (Synthetic Aperture Personality Assessment) Project and in-person via the Foley Longitudinal Study of Lives

Principle Investigator/Collaborator – Foley Longitudinal Study of Adulthood 08/13 – Present

Guo, Klevans, & McAdams (2016); **Guo & McAdams** (in prep); **Guo & Murphy** (in prep); **McAdams & Guo** (2014); **McAdams & Guo** (2015); **McAdams & Guo** (2017)

- Conduct 2- 3 hour life narrative interviews on a community sample of 164 aging adults over a period of 9 years
- Utilize regression, latent-structure, and multi-level modeling techniques to assess variables of interest
- Investigate the relationship between life narrative themes and measures of psychological and social well-being
- Explore the redemptive life story prototype and its buffering effects against the challenges of being generative
- Train research assistants in the content analysis of narrative themes derived from transcribed life narrative interviews

Collaborator – Early Childhood Self-Esteem Study 08/13 – 05/17

Harris, Donnellan, Garnier-Villareal, **Guo, McAdams, & Trzesniewski** (2017)

- Analyzed child and adult narratives collected from the Self-Esteem Across the Lifespan Lab to consider the correlation between parental meaning-making and the cognitive construction of self-worth in children

Collaborator – Examination of the Stability and Change in Narrative Themes 12/14 – 06/16

Dunlop, **Guo, & McAdams** (2016)

- Modeled and imputed values based on predictive mean matching from simulated regression modeling via *mice* in R
- Examined changes in narrative characteristics between two longitudinal samples of young and mid-life adults

Collaborator – Study of Goals and Plans for Big Five Personality Change in Young Adults 12/13 – 02/15

Robinson, Nofhle, **Guo, Asadi, & Zhang** (2015)

- Developed coding for qualitative responses regarding personality ideals amongst emerging adults residing in countries differing in terms of independent and interdependent cultures
- Explored the detailed goals and plans for personal change at the level of Big Five traits are present among young adults
- Analyzed the content of personality change plans and whether they predicted change in personality traits over a year

Washington University in St. Louis | St. Louis, MO

Research Assistant – Focus on Relationship (FoR) Study 08/12 – 08/13

Principle Investigator: Thomas Rodebaugh, Ph.D., Anxiety and Psychotherapy Lab

- Coded dyadic interactions and dialogue turns using the Social Support Interaction Coding System to examine the effects of instrumental and emotional support on close relationships

Research Assistant – St. Louis Personality and Aging Network (SPAN) Study 01/11 – 08/13

Principle Investigator: Thomas Oltmanns, Ph.D., Personality Assessment Lab

- Administered 3-4 hour interviews utilizing the Structured Interview for DSM-IV Personality Disorders, Wechsler Adult Intelligence Scale, and Wechsler Test of Adult Reading on a St. Louis community population of aging adults
- Trained 4 undergraduate research assistants on data entry and participant follow-up calls

Research Assistant – Comprehensive Maintenance Program to Achieve Sustained Success (COMPASS) Study 05/10 – 05/11

Principle Investigator: Denise Wilfley, Ph.D., Weight Management & Eating Disorders Research Lab

- Compiled intervention materials weekly for participating St. Louis families: recipes, affordable activities, and exercises
- Presented different academic articles related to healthy eating and weight maintenance

GRADUATE-LEVEL TEACHING EXPERIENCE

Kellogg School of Management | Evanston, IL

MBA Teaching Assistant – MMM (MBA + M.Sc. Design Innovation) Program 01/17 – Present

DSGN 426 Whole-Brain Communication (Winter 2017)

EMBA Teaching Assistant – Executive MBA Program 01/17 – Present

KACIX 925 Visualization with Persuasion (Winter 2017, Winter 2018)

Northwestern University | Evanston, IL

Graduate Teaching Assistant – School of Education & Social Policy 01/17 – Present

SOCPOL 201 Introduction to Social Policy (Winter 2017)

Guest Lecturer/Graduate Teaching Assistant – Weinberg College of Arts & Sciences 08/13 – Present

PSYCH 110 Introduction to Psychology (Fall 2014, Spring 2014)

PSYCH 201 Statistical Methods in Psychology (Winter 2014)

PSYCH 205 Research Methods in Psychology (Fall 2016, Spring 2016)

PSYCH 218 Developmental Psychology (Winter 2018)

PSYCH 345 Personality Psychology (Winter 2015)

SELECT GRADUATE INVOLVEMENT & LEADERSHIP

CONSULTING EXPERIENCE

Specialist Consultant – Joy Chatbot (35,000 users) 03/17 – Present

- Provide psychological expertise behind Joy, a cognitive AI tool for tracking and assessing users' mental health

LEADERSHIP EXPERIENCE

New TA Workshop Leader – Searle Center for Advancing Learning & Teaching 05/17 – Present

- Structure and develop discipline-specific and cross-disciplinary workshops for new teaching assistants
- Mentor new teaching assistants on utilizing engaging and multimethod learning practices for students

Graduate Officer – Society, Biology, and Health Cluster (\$9,500) 05/15 – Present

- Initiate monthly seminars for cluster scholars on interdisciplinary topics including but not exclusive to research methods

International Graduate Mentor – English Development through Guided Exploration Program 05/17 – Present

- Employ models of cultural intelligence and global leadership to counsel 50 international graduate students

Peer Reviewer – Journal of Emerging Adulthood 01/17 – Present

- Peer review empirical manuscripts for *Emerging Adulthood*, a high-impact journal on the development of young adults

Assistant Chair – Office of Residential Academic Initiatives (budget: \$30K/year; 100 students) 05/14 – Present

- Advise undergraduate leaders and oversee the management and implementation of all residential programming
- Coordinate and lead major leadership training and cross-campus initiatives for the residential college

Graduate Researcher – Foley Longitudinal Study of Lives Lab (7 publications) 08/13 – Present

- Develop mixed-method assessments to reliably collect quantitative and qualitative longitudinal data from participants
- Employ inferential statistics (e.g., regressions, factor analyses) in *R* to assess personality and health correlates

Graduate Student Representative – Department of Psychology 08/14 – 03/16

- Assembled weekly brown-bag seminars for the Clinical and Personality & Health department
- Organized candidate interviews and presented graduate student opinions for the Faculty Search Committee

SELECT GRADUATE-LEVEL AWARDS

Fellow, Innovations in Developmental Sciences, Northwestern University	08/17 – Present
Graduate Officer – Society, Biology, and Health Cluster (\$9,500)	05/15 – Present
University Travel Grants – The Graduate School (\$5,750)	08/14 – Present
University Research/TA Fellowship – The Graduate School (\$225,000)	08/13 – Present
Diversity Graduate Award – Society for Personality & Social Psychology (\$500)	09/17
Presenter, RSG Research Communications Program, Northwestern University	07/15

PROFESSIONAL AFFILIATIONS

Associate, Sarah's Circle Associates Board	2017 – Present
Vice President, Delta Gamma Fraternity Chicago Alumni Chapter	2015 – Present
Member, American Psychological Association (Division 8)	2014 – Present
Member, Association for Psychological Science	2014 – Present
Member, Association for Research in Personality	2014 – Present
Member, Midwestern Psychological Association	2014 – Present
Member, Society for Personality and Social Psychology	2014 – Present
Alumni Council, Washington University in St. Louis	2013 – Present
Psi Chi International Psychology Honor Society, Washington University in St. Louis	2011 – 2012
Vice President, Women's Panhellenic Association, Washington University in St. Louis	2010 – 2012
Officer, Delta Gamma Fraternity, Alpha Epsilon – Washington University in St. Louis	2009 – 2012

RELEVANT COURSEWORK

CERTIFICATE IN SOCIETY, BIOLOGY, & HEALTH

Northwestern University Evanston, IL	01/14 – 12/16
ANTH 486 Evolutionary Theory (Christopher Kuzawa, Ph.D.)	
ANTH 490 Integrative Seminar on Society, Biology, & Health (Thomas McDade, Ph.D.)	
ANTH 490 Human Population Biology (Thomas McDade, Ph.D.)	
HDSP 413 Theories of Human Development (Dan McAdams, Ph.D.)	
HDSP 415 Beyond Nature vs. Nurture (Emma Adam, Ph.D.)	
PSYCH 497 Graduate Health Seminar (Edith Chen, Ph.D.)	
PSYCH 497 Biological Basis of Health Psychology (Greg Miller, Ph.D.)	
Washington University in St. Louis St. Louis, MO	06/10 – 09/10
BIOL 2960 Principles of Biology (Allan Larson, Ph.D.)	

CERTIFICATE IN QUANTITATIVE STATISTICS

Northwestern University Evanston, IL	09/13 – 12/15
LING 300 Bayesian Inference for Language Scientists (Klinton Bicknell, Ph.D.)	
PSYCH 405 Psychometric Theory (William Revelle, Ph.D.)	
PSYCH 451 Statistical Experimental Design (Michael Bailey, Ph.D.)	
PSYCH 453 Linear Models (Michael Bailey, Ph.D.)	
PSYCH 454 Structural Equation Modeling (William Revelle, Ph.D.)	
PSYCH 497 Multi-level Modeling (Dan Mroczek, Ph.D.)	

MBA- AND PH.D.-LEVEL MANAGEMENT COURSEWORK

Kellogg School of Management Evanston, IL	09/14 – present
KACI 467 Perspectives on Leadership (Ed Hughes, Ph.D.)	
KAPPI 484 Thought Leadership Seminar: Sustainable Development (Klaus Weber, Ph.D.)	
MORS 424 Individual and the Organization (Adam Waytz, Ph.D.)	
MORS 452 Leading the Strategic Change Process (Paul Hirsch, Ph.D.)	
MORS 530 Special Topics in Management and Organizations: Strategy (Ed Zajac, Ph.D.)	